



Rochester Volunteer Fire Company

Emergency Preparedness Guide

Introduction

Being prepared can save lives. The Rochester Volunteer Fire Company encourages every household and business in our community to take simple steps today to prepare for tomorrow's emergencies.

Build an Emergency Kit

- 3 days of food and water per person
- Battery-powered or hand-crank radio
- Flashlight and extra batteries
- First aid kit
- Medications
- Cell phone charger/power bank
- Copies of important documents
- Tools (multi-tool, wrench for utilities)
- Local maps

Tip: Keep a smaller version of your emergency kit in your car and at work.

Make a Family Emergency Plan

- Designate two meeting places (local and out-of-town)
- Know escape routes from your home and neighborhood
- Create a contact list of family members, schools, and medical facilities
- Plan for pets (food, crates, meds)
- Share the plan with all household members

More info: <https://www.ready.gov/plan>

Know Your Hazards

- Severe Storms: Secure outdoor items, stay indoors, charge devices
- Tornadoes: Identify safe shelter (basement/interior room)



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- Winter Weather: Stock blankets, shovels, heating alternatives
- House Fires: Install smoke alarms, create escape plans
- Flooding: Keep valuables off basement floors, know flood risk

Emergency Alerts & Communication

- Sign up for local alerts: <https://dma.wi.gov/DMA/wem/alert>
- Follow us on Facebook for real-time notifications
- Use NOAA Weather Radio and FEMA Alerts apps

Special Considerations

- Older adults & people with disabilities: Maintain medical supplies and mobility devices
- Children: Practice drills; include comfort items in kits
- Pets: Include food, water, leash, ID, and carrier in your emergency kit

Resources

- <https://www.ready.gov>
- <https://dma.wi.gov/DMA/wem/>
- <https://www.redcross.org/get-help/how-to-prepare-for-emergencies.html>
- <https://racinecounty.com/government/emergency-management>

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In case of an Emergency Dial 911